



Appetizers

Calamari	20
Lightly fried, topped with fried red onion, and served with garlic yogurt	
Chicken Wings - GFO	20
Crispy fried wings tossed with your choice of sauce. Sweet chili, BBQ, buffalo, honey mustard, or S&P	
Poutine - GFO	15
Home cut fries, poutine gravy, and cheese curds It's a Canadian classic	
Guacamole Dip - GF/V	15
House made tortilla chips with guacamole topped with fresh Pico de Gallo, parmesan and cilantro	
Tomato & Feta Dip - GF / V	17
Sautéed cherry tomatoes and melted feta with house made tortilla chips	
Narrows Cajun Fries - GFO	13
Home cut fries tossed in hot sauce and Cajun spice, served with lemon dill aioli	
Scallop Bites	18
Panko coated juicy scallop bites with lemon dill aioli	
Mushroom Caps - GF	18
Button mushrooms stuffed with crab, shrimp, and topped with cheese	
Shellfish Pot - GFO	32
Prawns, pink swimming scallops, clams, and mussels steamed in a white wine garlic sauce Add half crab..... Market price	

Extra Garlic Toast for
Dippin' ? **2**

Soup & Chowder

Daily Soup	Cup 9 Bowl 12
Chefs weekly creation, served with garlic toast	
Clam Chowder - GFO	Cup 11 Bowl 16
Made in house, served with garlic toast	

Did you see our live tank of local fresh Dungeness Crab?

Dungeness Crab with butter
Half or whole
Market Price

Pub Fare

Nachos – GF/V	24
House made tortilla chips topped with red onions, tomatoes, jalapeños and smothered with cheese. Served with Pico de Gallo, sour cream and guacamole.	
Baby Shrimp & Crab Rolls	21
Two top cut potato buns stuffed with our shrimp and crab mix on top of arugula	
Quesadilla - V	16
Bell pepper, onions, tomatoes and cheese Served with guacamole, Pico de Gallo and sour cream	
Add	Chicken 9 Cajun Shrimp 9
Rockfish Tacos (2) - GFO	15
Beer battered rockfish with tartar sauce and coleslaw Add 1 taco.....6	
Halibut Tacos (2) - GFO	18
With arugula, pickled cabbage, Pico de Gallo and lemon dill Add 1 taco.....8	

Salads

Garden Fresh Salad – GF / V	Half 11 Full 18
With tomatoes, cucumber, cabbage, bell peppers, mixed Tuscan lettuce, and shredded carrots	
Caesar Salad - GFO	Half 14 Full 20
A classic caesar with bacon bits, parmesan, and croutons	
Cranberry Pecan – GF / V	22
Dried cranberries, candied pecans, red onion, and feta cheese, tossed with Tuscan lettuce and honey yogurt dressing	
Roasted beet & Arugula– GF / V	23
Tossed with almonds, cherry tomatoes, sunflower seeds and topped with goat cheese	

Add	9
Chicken or Shrimp	13
Prawns, Tuna, Salmon, or Halibut	13

Miso Tuna Bowl - GF	26
Seared local Albacore Tuna, on a bed of seasoned rice with, Tuscan lettuce, bell peppers, cucumber, Avocado, pickled slaw and edamame	

Narrows Burgers & Wraps

Served with fries, soup, or garden salad
Upgrade to yam fries, caesar salad, or chowder 3

GFO for all burgers

Prime Rib Beef Burger 19

Served on a brioche bun with lettuce, tomato, onion, and caramelized onion aioli

Add Bacon 2 Cheese 1

Grilled Chicken Club Burger 22

Served on a brioche bun with bacon, cheddar cheese, lettuce, tomato, onion, and mayo

Narrows Loaded Beef Burger 26

Prime rib beef patty loaded with bacon, jalapeno jack cheese, sautéed mushrooms, onions, jalapeños, and caramelized onion aioli on a brioche bun

Southwestern Chicken Wrap 22

Crispy chicken, bacon, lettuce, Pico de Gallo, cheddar cheese, corn chips, avocado and mayo

Crispy Rockfish Wrap 20

Beer battered rockfish, wrapped in a tortilla with lettuce, coleslaw, and tartar sauce

Beer Battered Halibut Burger 26

Locally sourced halibut fried in beer batter, served on a brioche bun with tartar sauce and coleslaw

BBQ Salmon Burger 23

4oz grilled sockeye salmon fillet smothered in whiskey BBQ sauce, served on a brioche bun

From the Fryer

Served with fries, soup, or garden salad
Upgrade to yam fries, caesar salad, or chowder 3

Rockfish

Beer battered Johnstone Strait rockfish 1pc 18
2pc 24

Halibut

Beer battered locally sourced halibut 1pc 24
2pc 32

Chicken Strips 20

Homestyle chicken strips served with honey mustard

Gravy for your
fries? 3

Pastas

Served with garlic toast

Seafood Gumbo – GF 32

Prawns, mussels, clams, and swimming scallops in a classic tomato and herb stew, served over rice

Seafood Fettuccini - GFO 34

Fresh halibut, clams, mussels, pink swimming scallops, and prawns, tossed in a rich roasted garlic cream sauce



Check out our daily special sheet!

Full Menu Coming in June!